



MORNINGS

SERVED UNTIL 11.30AM - ORDER AT THE COUNTER

PANCAKES & WAFFLES

Our pancakes are made to order from our secret recipe, served thick and fluffy American style. Pancake orders made as American stack two Belgian waffles in a serving portion.

TRADITIONAL (1 - WHEAT, 3, 6, 7) €7.70

Served with your choice of lemon & sugar or our 100% Canadian maple syrup.

NUTELLA (1 - WHEAT, 3, 5 - HAZELNUTS, 6, 7) €7.70

Served with a portion of Nutella. Add chocolate sauce too, just ask your server!

BERRIES & CREAM (1 - WHEAT, 3, 6, 7) €10.50

Mixed berry compote served with a strawberry sauce and fresh cream.

BANOFFEE (1 - WHEAT, 3, 6, 7) €10.50

Served with fresh banana and whipped cream along with a toffee and chocolate drizzle.

CHOCOLATE CHIP (1 - WHEAT, 3, 6, 7) €10.50

A firm favorite! Served with chocolate chips, chocolate sauce and fresh cream.

HOT BREAKFAST

We use the finest ingredients from local butchers Finnerty's in Oughterard, as well as free range eggs and our own in-house baked breads.

WILDLANDS GRILL (1 - WHEAT, OATS, BARLEY, 3, 6, 7, 10, 12) €15.90

Two sausages, two smoked bacon, two poached eggs, fried potato, black & white pudding with our own tomato relish and treacle brown bread.

WILDLANDS MINI GRILL (1 - WHEAT, OATS, BARLEY, 3, 6, 7, 10, 12) €12.70

One sausage, one smoked bacon, one poached egg, fried potato, black or white pudding with our own tomato relish and treacle brown bread.

POACHED EGGS (1 - WHEAT, 3, 7, 10, 11)   €13.80

Two Poached free range eggs, smashed avocado with tahini dressed leaves on treacle brown bread and a raspberry drizzle.

ALLERGEN MENU GUIDE

- | | | |
|----------------|-------------|---------------------|
| 1. GLUTEN | 6. SOYBEANS | 11. SESAME SEEDS |
| 2. CRUSTACEANS | 7. MILK | 12. SULPHUR DIOXIDE |
| 3. EGGS | 8. NUTS | & SULPHITES |
| 4. FISH | 9. CELERY | 13. LUPIN |
| 5. PEANUTS | 10. MUSTARD | 14. MOLLUSCS |



VEGAN



AVAILABLE VEGAN

Please ask your server for details



VEGETARIAN



AVAILABLE GLUTEN FREE

Please ask your server for details



GLUTEN FREE



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ACAI BOWLS (6)

Our Acai bowls are all made to order. Choose your unique Acai bowl by selecting the size, add your base and choose your toppings. All our ingredients are locally sourced and freshness guaranteed!

1. CHOOSE YOUR SIZE

SMALL 8oz €7.30

MEDIUM 12oz €9.40

2. CHOOSE YOUR BASE

Pink Pitaya, Mango Mash or Acai (6)

3. ADD YOUR TOPPINGS - PICK 5 TOPPINGS

Strawberry & Vanilla Granola

Blueberries

Banana Chips

Banana

Desiccated Coconut

Pumpkin Seeds

Almonds (8)

Strawberries

Honey

Agave Syrup

Nutty Crunch Granola

Cinnamon

(8 - ALMONDS, PECANS, HAZELNUTS)

LIGHT BITES

FRESHLY BAKED SCONES

€3.40

(1 - WHEAT; OATS, 3, 7)

Head Baker Mary makes our scones fresh each morning. Choose from plain, fruit, porridge and raspberry & coconut. Served with a choice of jam, butter or fresh cream.

YOGURT, FRUIT AND GRANOLA POT

€5.60

(1 - WHEAT; OATS, 3, 7, 8)

Muddled fruits topped with Irish yogurt and finished with berries and honey.

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While we do our utmost to avoid cross contamination, all items may contain traces of allergens above, including nuts and gluten. Please inform us of any allergens or dietary requirements on ordering. 02/25

COFFEE

We pour the "Great Taste Award" winning Fixx Coffee. All our coffees are made with a double shot of espresso.

ESPRESSO

€3.20

MACCHIATO (7)

€3.90

AMERICANO

€3.90

CAPPUCCINO / LATTE (7)

€4.20

MOCHA (7)

€4.40

FLAT WHITE (7)

€4.00

CHAI LATTE (7)

€4.20

HOT CHOCOLATE (7)

€4.10

+ MARSHMALLOWS

70c

KIDS HOT CHOC (7)

€3.20

FLAVOURS/EXTRA SHOT/SOYA (6)/
ALMOND (8 - ALMONDS)/OAT MILK

70c

LYONS TEA

€3.40

SOLARIS HERBAL TEA

€3.90

IRISH COFFEE (7)

€8.40