

PROSECCO (12)			BOTTLE	
OLLE DE PRINCIPE, FRIZZ <i>i</i> Onte Villoni - Italy	ANTE - ITALY		25.80 41.80	
WHITE WINE (12)		GLASS	BOTTLE	
OLLI EUGANEI FOSSILI, INOT GRIGIO - ITALY		8.70	28.80	

The gentle combination of fruity sensations, soft aromatics and intense flavours make for this beautifully elegant wine.

# REAL CAMPANIA DE VINOS, 9.70 30.80 VERDEJO - SPAIN

This refreshing white has a nose that conjures bright and tropical fruits. With its fruity palate and aromas of fennel balanced beautifully, providing a medium finish.

#### LES JAMELLES, CHARDONNAY - FRANCE 34.80

This golden chardonnay is bursting with aromas of apricot, pear and green apple making it soft yet zesty to taste. The combination of walnuts along with the hint of white florals leaves a slightly buttery finish.

# RABBIT ISLAND, 10.40 38.80 SAUVIGNON BLANC - NEW ZEALAND

This pure and flavoursome wine delivers a crisp gooseberry nose alongside some fresh & tropical characters. It is a bright white with a flow of natural acidity that leaves a lasting impression.

RED WINE (12)		GLASS	BOTTLE
MARQUES DE VERDELLANO	BOBAL,	8.70	28.80
TEMPRANILLO - SPAIN			
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This well rounded and beautifully structured wine, has standout notes of blackberry and raspberry that are persistent through the palate providing a rich and fruity finish.

# SANTA ANA, MALBEC - ARGENTINA 9.80 30.80

This is a well-balanced wine, with intense aromas of plum and cherry. It provides a soft and fruity finish.

### VINA EGUIA, RIOJA - SPAIN 32.80

An elegant palate of ripe fruit is pleasantly presented with aromas of vanilla and coconut, brought together and framed by soft, polished tannins.

#### GRATI, CHIANTI DOCG - ITALY 35.80

A classic Chianti with an opening of cherry and red ruit, woven together beautifully by subtle mineral shadings, and a delicate herbal touch.

ROSÉ (12)	GLASS	BOTTLE
LA CHEVALIERE, ROSÉ - FRANCE	8.70	29.80

# BEERS/CIDERS

HEINEKEN (1 - BARLEY)	330ML €6.50	PINT	€8.10
HEINEKEN ZERO (1 - BARLEY)		330ML	€6.20
PERONI (1 - BARLEY)		330ML	€6.70
GUINNESS DRAUGHT (1 - BARLEY)		PINT	€6.20
BIRRA MORETTI DRAUGHT (1 - BARLEY)	GLASS €4.30	PINT	€7.30
STONEWELL MEDIUM DRY CIDE	R (12)	500ML	€7.80
STONEWELL APPLE & PASSIONI	FRUIT (12)	330ML	€7.10
STONEWELL APPLE & RHUBARE	B (12)	330ML	€7.10

# SOFT DRINKS

001	Dillilli			
FIOR UIS	SCE SPARKLING WATE	R250ML/750ML	€2.90	€5.40
FIOR UIS	SCE STILL WATER	250ML/750ML	€2.90	€5.40
	GLASS BOTTLE Coke Zero, Diet Coke,	330ML Sprite, Fanta		€3.90
	<b>LLEGRINO</b> ng orange + lemon d	rinks		€3.90

### COFFEE

We pour the "Great Taste Award" winning Fixx Coffee. All our coffees are made with a double shot of espresso.

ESPRESSO	€3.20
MACCHIATO (7)	€3.40
AMERICANO	€3.90
CAPPUCCINO / LATTE (7)	€4.20
MOCHA (7)	€4.40
FLAT WHITE (7)	€4.00
ICED CARAMEL LATTE (7)	€5.60
CHAI LATTE (7)	€4.30
HOT CHOCOLATE (7)	€4.10
+ MARSHMALLOWS	€0.70
KIDS HOT CHOCOLATE (7)	€3.20
FLAVOURS/EXTRA SHOT/	
SOYA (6)/ALMOND (8 - ALMOND)/OATMILK	€0.70
LYONS TEA	€3.40
SOLARIS HERBAL TEA	€3.90
IRISH COFFEE (7)	€8.40

# **LOCAL SUPPLIERS**

We are proud to support the following local suppliers: Uncle Matt's Farm, Galway Goat Farm goat's cheese, Moycullen Meats, Le Petit Délice, Musgraves Galway, Mary's Fish Galway and Gillgan's Farm.



LIGHT BITES	
SOUP OF THE DAY (1 - WHEAT, 7) Served with our treacle bread	€7.70
PIL PIL PRAWNS (2, 7, 1 - WHEAT) Garlic butter + chilli + coriander + garlic ciabatta	€15.50
WILDLANDS DOUGH BALLS (1 - WHEAT, 7) Served with our own garlic butter	€7
MUSSELS MARINIÉRE (1 - WHEAT, 14, 12, 7) White wine + garlic + cream + onion + parsley + our treacle bread	€14.90
CHICKEN WINGS (1-WHEAT, 3, 7, 10) With buffalo or bbq sauce + Cashel blue cheese dip	€11.70
CHILI BEEF NACHOS (7, 9, 10)  House guacamole + salsa + sour cream + jalapenos + melted cheese	€12.80
TOMATO + MOZZARELLA BRUSCHETTA With garlic + basil oil (1 - WHEAT, 7)	€9.80
<b>GOATS CHEESE BRUSCHETTA (1 - WHEAT, 7, 8)</b> Galway Goat Farm goat's cheese + caramelized red onion + our own pesto	€10.50
HOMEMADE CHICKEN GOUJONS (1 - WHEAT, 7, 10) Choice of roast garlic mayo or sweet chilli mayo dipping pot	€10.50
LOADED FRIES (1 - WHEAT 3, 6, 7, 10)  House Fries + bacon lardons + white cheddar or shaved parmesan + homemade garlic aioli	€9.20
SANDWICHES	(¥)
SERVED UNTIL 4PM Served with our purple slaw	GLUTEN FREE
PULLED FREE RANGE ROAST CHICKEN Gubbeen chorizo + cajun spices + roast peppers + red onion + mature cheddar on our firebrick focaccia (1 - WHEAT, 7, 10)	€13.90
CONNEMARA SMOKED SALMON + CHILLI HUMMUS  On our treacle bread + dressed leaves + pickled red onion + dill + capers + pomegranate syrup (1 - WHEAT, 3, 4, 5, 10)	€13.90
TOM'S ROAST OF THE DAY CLABATTA (1 - WHEAT, 7) See today's carvery roast+ gravy dipping pot	€14.50
VEGGIE MELT (1 - WHEAT, 7, 8, 10) Galway Goat Farm goat's cheese + our basil pesto + hummus + roast Mediterranean veg on a toasted wrap	€13.20 VECTURIAN

THICK CUT HOUSE BAKED HAM + SMOKED

APPLEWOOD MELT (1 - WHEAT, 7, 10)

+ our tomato chutney

On firebrick focaccia + spring onion

**HOUSE SIDE SALAD** 

+ house dressing

SEASONAL VEG

€12.60

Uncle Matt's leaves + seeds + pickles

BIGGER BITES	
THE CONNEMARA FRIED CHICKEN BURGER  Baby cos lettuce + tomato + garlic mayo on a brioche bun + house fries + sweet chili dip + purple slaw (1 - WHEAT, 3, 6, 7, 9, 10)	€19.10
PAN FRIED SALMON FILLET (1 - WHEAT, 4, 6, 7, 12) Chardonnay dill sauce + chorizo + baby potatoes wedges + tender stem broccoli	€25.50
TOM'S ROAST OF THE DAY (7) Served with all the trimmings. See specials board	
AVAILABLE IN SMALLER PORTION	€14.90
POLLO PESTO PASTA (1 - WHEAT, 3, 7, 8, 12) Creamy pesto chicken + penne + spinach + red onion + pine nuts + parmesan + garlic bread	€19.80
HOMEMADE 80Z GILLIGAN'S BEEF BURGER Streaky bacon + smoked applewood cheese + gherkin + tomato on a brioche bun + house fries + tomato relish side (1 - WHEAT, 6, 7, 12)	€21.20
CHICKEN + SWEET POTATO CURRY (1 - WHEAT, 2, 7) Free range chicken + peppers + chickpeas + rice + firebrick garlic focaccia	€19.90
GOAT'S CHEESE + ROAST VEG SALAD  Galway Goat Farm goat's cheese + roasted beet squash + sweet potato chunks with pear + pump seeds + honey glazed pecans on raspberry balsa glazed leaves + slice of homemade treacle breact (1 - WHEAT 7, 8, 10 - PECAN)	okin amic
WILDLANDS FISH + CHIPS (1 - WHEAT, 4, 6, 7, 10)  Fresh beer battered fish of the day + house fries + minty peas + our own tartare	€21.30
PAN-SEARED HEREFORD 80Z STEAK Onions + home fries + Tom's peppercorn sauce or garlic butter (1 - WHEAT 6, 7)	€31.50
VEGGIE CURRY (1 - WHEAT 2, 7)  Sweet potato + green peas + peppers + chickpeas + rice + garlic bread	€17.60  (VECTUARM)
SIDES	
FRIES (1 - WHEAT) Triple cooked house fries + sea salt	€5.80
OVEN BAKED GLUTEN FREE FRIES Our house fries baked with sea salt, *15-minute cook time	€5.80
GARLIC FIREBRICK BREAD (1 - WHEAT, 7) Add cheese (7)	€4.80 €1.20
HOUGH OLD CALLED	04.00

# **NAPOLI FIREBRICK OVEN PIZZA**

We cook all our pizzas fresh to order using our own 48 hour proven dough and a fusion of local + Italian ingredients All pizzas are 12" on our special tomato sauce + mozzarella

1. MARGHERITA (1 - WHEAT, 7)  Mozzarella + tomato + basil oil	€16.90	
2. PEPPERONI (1 - WHEAT, 7) Italian pepperoni + mozzarella + caramelised red onions + jalapeno + parmesan		
<b>3. SPICY NDUJA</b> (1 - WHEAT, 7, 10) Nduja sausage + jalapenos + rocket	€18.30	
<b>4. VEGGIE</b> (1 - WHEAT, 7, 8) Galway Goat Farm goat's cheese + peppers + red onion + courgette + rocket + pesto drizzle	€18.50	
5. MEATY (1 - WHEAT, 7)	€18.30	

+ cajun chicken + Italian pepperoni €18.50 6. PARMA (1 - WHEAT, 7) Parma ham + buffalo mozzarella + rocket + parmesan + extra virgin olive oil

7. **HAWAII** (1 - WHEAT, 7) House baked ham + mushroom + pineapple + truffle oil

Gubbeen chorizo + house baked ham

8. GUBBEEN CHORIZO (1 - WHEAT, 7) West Cork chorizo + mozzarella + mushroom + cracked pepper + rocket

9. CAJUN CHICKEN (1 - WHEAT, 7) Slow roast pulled chicken + cajun spice + roast peppers + caramelised red onion

**ADD EXTRA TOPPING** €1.70

**SWAP FOR GLUTEN FREE BASE** All pizzas use gluten free ingredients €3.20

€18.30

€18.30

€18.30

# **HOUSE DIPPING POTS**

ROAST GARLIC	MAYO (3, 10)	€1.90
SWEET CHILLI	MAYO (3, 10)	€1.90

While we do our utmost to avoid cross-contamination, all items may contain traces of the allergens listed, including nuts and gluten. Please inform us of any allergens or dietary requirements on ordering.

# ALLERCEN MENII CIIIDE

€4.80

APPERIATE II	ILITO GOIDE	
1. GLUTEN	6. SOYBEANS	11. SESAME SEEDS
2. CRUSTACEANS	7. MILK	12. SULPHUR DIOXIDE
3. EGGS	8. NUTS	& SULPHITES
4. FISH	9. CELERY	13. LUPIN
5. PEANUTS	10. MUSTARD	14. MOLLUSCS

We make all our own desserts from scratch in-house

TODAY'S CHEESECAKE (1 - WHEAT, 3, 7) €8.50 With vanilla ice-cream + fresh cream

WARM FRUIT CRUMBLE (1 - WHEAT, 3, 7) With vanilla ice-cream + fresh cream

**WARM CHOCOLATE BROWNIE (3,7)** With vanilla ice-cream + fresh cream

WILDLANDS CAKE OF THE DAY SLICE €7.40 With fresh cream

(1 - WHEAT, 3, 7, 8 -ALMONDS, HAZELNUTS, WALNUTS)

**SELECTION OF ICE-CREAM (3,7)** With chocolate or caramel sauce + marshmallows or sprinkles

€5.50

€8.50

€8.50

€14.50

€14.50

€14.00

€14.00

€10.00

€14.00

# **COCKTAIL CORNER**

**ESPRESSO MARTINI** €14.50 Absolut Vanilla Vodka, Kahlua, FIXX Double

Espresso & Sugar Syrup **OLD FASHIONED** 

Buffalo Trace Bourbon, Angostura Bitters, Orange Bitters & Sugar Syrup, garnished with an orange peel

PASSIONFRUIT MARTINI (3) Absolute Vanilla Vodka, Absolute Mango Vodka, Lime Juice, Passion Fruit Syrup, Orange Juice, Egg White & a side of Prosecco

MARGARITA Olmeca Altos Blanco Tequila, Triple Sec, Sugar

Syrup & Lime Juice

**CLASSIC MOJITO** Havana 3 year White Rum, Lime Juice, Sugar Syrup & Fresh mint, topped with Soda Water. Available in Passionfruit or Strawberry.

**MOJITO (NON ALCOHOLIC)** 

**PINK LADY** €14.00

ABSOLUTE Raspberry Vodka, Lemon Juice, Cranberry Juice, Strawberry Syrup & Peach

Bitters, topped with Soda Water

WILDLANDS BRAMBLE Micil Gin, Lemon Juice, Crème de Mure & Sugar Syrup, topped with Soda Water





GLUTEN FREE

VEGETARIAN



AVAILABLE VEGAN Please ask your server for details



**OUR BEEF IS 100% IRISH**